# Psalm 142 A Prayer for Deliverance

Unto my God I cry aloud, My supplication poured; In my distress, God heard my prayer; My fainting soul restored. The deepest valleys of my life Are plains before the LORD.

Around me camp the hosts of death, Who would my path assail; None but the LORD stand at my side, And none but God prevail. Therefore, my LORD, I trust in Thee, Whose promise will not fail.

O save me from the raging hate, Which would my faith destroy; Before the wiles of their deceit, Thy saving grace employ. That I may find my heart's delight, And revel in Thy joy!

86 86 86 Morning Song Michael Morgan from *Psalms for All Seasons* 

Psalm 142 is an individual cry for God's help from a person overwhelmed by persecution and imprisonment. The psalmist expresses deep loneliness and isolation but also sturdy hope of joining the community of the righteous and of the future blessing of God.

#### Mark Notes

David is crying out from the cave. This could be the same situation as Psalm 57 when he fled from Saul. David, even though his circumstance seems unsurmountable, cries out to the Lord. In a situation in which many would think God has left them, David has cried out to God: He cries to God when no one else will come to his aid. This is based in his confidence that "You are my Refuge."

# **Good Shepherd Community Church Evening Worship Guide -28 September 2014**

Psalm 142

#### We Assemble before Our God

**Greeting**: "Grace, mercy, and peace from God the Father and the Lord Jesus Christ

### **Affirmation**

Where does your help come from?

Our help comes from the Lord, the Maker of heaven and earth.

**Call to Worship** from Psalm 18

Let us call upon the LORD, who is worthy to be praised, and so be saved from my enemies

The LORD is our rock and our fortress and our deliverer, our God, our rock, in whom we take refuge, our shield, and the horn of our salvation, our stronghold.

Hymn –196P "Praise to the Lord, the Almighty"  $\,$ 

Invocation

Hymn- 157P "God of My Life, to You I Pray"

Hymn- "Unto God I Cry Aloud" Ps 142 Morgan

Hymn- 142B "When I Lift Up My Voice" / PS

#### **Reading the Sacred Writings**

The word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart. Hebrews 4:12

Old Testament- 1 Samuel 21:10-22:5

New Testament- 2 Corinthians 4:7-18

New Testament- Mark 14:26-50

The Word of the Lord. Thanks be to God!

### Singing God's Praise in Psalms and Hymns/Songs

You are my hiding place; you will protect me from trouble and surround me with songs of deliverance. Psalm 32:7

Hymn- 142P "I Seek the Lord in Grief, in Pain"

Hymn- 236P "By Gracious Powers So Wonderfully Sheltered"

Hymn – 250P "O Father, You Are Sovereign"

### **Hearing the Word of God Proclaimed**

Scripture Text: Psalm 142

I cry to you, O LORD; I say, "You are my refuge, my portion in the land of the living." Psalm 142:5

Sermon-"You Are My Refuge" Pastor Mark Bahr Hymn- 142A "Hear My Cry and Supplication" / PS

### **Presenting Our Offerings**

Yet even if I am being poured out like an offering as part of the sacrifice and service I offer for your faith, I rejoice, and I share my joy with all of you. Philippians 2:17

**Dedication Prayer** 

Hymn- 879P "Trouble May Break with the Dawn"

## **Praying to Our God**

Let my prayer be counted as incense before you, and the lifting up of my hands as the evening sacrifice! Psalm 141:2

I desire then that in every place the men should pray, lifting holy hands without anger or quarreling. 1 Timothy 2:8

Prayer concerns, thanksgivings and petitions

**Hymn Psalm-** "Be with Me"

# \*A Prayer for Today

Lord Jesus, loving Savior, few things in life are worse than to be in trouble and to be alone. When the burden of living is great and the snares of the world are complex, be our companion and our peace. Cover us with your presence until we again find tranquility and joy. **Amen.** 

The Prayers of the People

Hymn- 888P "Our God Stands Like a Fortress Rock"

#### Benediction-

Yahweh bless you, and keep you; Yahweh make His face shine on you, and be gracious to you; Yahweh lift up His Countenance on you, and give you peace.' Numbers 6:24f

BE WITH ME (PSALM 142)

O Lord, hear my cry for mercy. Hear my anguish, my misery! As my spirit grows faint, yet You will know the way. Be with me. Lord, be with me.

O Lord, grant me Your protection. Who but You truly cares for me? God, my strength and my refuge 'gainst the enemy.

Be with me. Lord, be with me.

O Lord, free me from my prison, so that I may proclaim Your name. All will hear of Your love, Your faithfulness to me. Set me free. Lord, set me free. Stephen Pearson

### **Praying for God's Protection** From Psalm 31

O Lord, you are our God and we trust in you,our future is in your hands. Deliver us from all evil, save us from those who would hurt us, let your face shine upon us, and show us in your unfailing love; through Jesus Christ our Lord. **Amen.**